About Iroquois

Nestled in the rolling hills of Central New York, Iroquois offers residents the comforts of home in a peaceful setting. Our residents are afforded compassionate and caring staff, a state-of-the-art facility, and clinical excellence. At Iroquois, we take pride in our mission of providing the highest quality of care to our residents.

Your loved one deserves the best care. We make our residents feel right at home by offering a variety of daily activities, special events, nutritious meals and compassionate care in a comfortable, quiet setting. Each resident's care, activities and meals are individually tailored to their unique needs.

Iroquois is committed to bringing you the best, most compassionate care available, in a facility that provides for every need. To learn more about how Iroquois can provide you or your loved one with the care you need, please call us at 315.469.1300.



4600 Southwood Heights Drive Jamesville, NY 13078 315-469-1300

> info@iroquoisnursing.org iroquoisnursing.org







Rehabilitation

Get Back to Your Life with Rehabilitation Care.

When you need help to recover from a stroke or cardiac event, or have transitional needs following surgery, Iroquois is ready to help. We provide the physical, occupational and speech therapy you need to get on the road to recovery – and back home.

Most of our patients come to us as a result of:

- Joint replacement surgery
- Cardiopulmonary problems
- Neurological problems
- Orthopedic concerns
- General deconditioning (falls, balance problems, etc.)

Our advanced rehabilitation facility includes:

- Biodex unweighing system for gait and balance training
- · Neuro gym for strengthening and functional activities
- Treatment modalities like electrical stimulation, ultrasound and diathermy to alleviate pain, increase strength and facilitate wound healing
- Car transfer simulator in preparation for discharge to home
- ADL suite that stimulates daily living activities in a home-like environment

Call us to learn more about our comprehensive rehabilitation program.

Long-Term Care

The Care Needed, Custom Tailored to You.

When the time comes that you or your loved one needs long-term care, Iroquois can help. We provide a home-like setting and comfortable surroundings, as well as a wide range of activities designed to keep you socially engaged.

Our team of medical professionals makes it their priority to ensure you receive the best possible care. In addition to around-the-clock skilled nursing care, we provide:

- Physicians & Nurse Practitioners
- Allied Health Professionals
- Rehabilitation
- Nutrition
- Resident & Family Services
- Activities
- Dedicated Alzheimer's/Dementia Care
- Palliative & Hospice Care
- 24/7 Telehealth Physician Services

To learn more about long term care at Iroquois, please call us.

Activities

Get More Out of Life with Activities You'll Enjoy.

At Iroquois, we're pleased to provide both group and individual activities to our residents, making you or your loved one's new residence feel more like home.

Activities include:

- Baking & Cooking
- Arts & Craft
- Discussion Groups
- Musical Entertainment
- Adaptive Sports
- Trivia
- Word Games
- Computer GamesChurch Services
- & Spiritual Care Visits

- Bingo & Board Games
- Cards
- Socials
- Holiday Parties
- Outings
- Exercise Groups
- Outdoor Time
- Happy Hour

Give us a call to learn more about how Iroquois offers the activities needed to live a rich, fulfilling life.